



BAR SNACKS

Popcorn , Salt and Malt Vinegar	4
Housemade Ranch Chips , Sour Cream French Onion Dip	7
BBQ Roasted Cashews , Puffed Wild Rice, Mango	6
Cheese and Crackers , Aged Cheddar, Saison Ale, Ritz Sleeve	10

CHEESES

Cheese Plate , Cashews, Pickled Onion, Seasonal Jam	1 for 8 / 3 for 21/ 6 for 38
Rotating Selection - Please ask your server!	

SMALL PLATES

Butternut Squash Soup , Rose Harrissa, Coconut Cream, Rye Crouton	9
Bitter Green Salad , Rye, Grapefruit, Hazelnut, Lemon Vinaigrette	11
Arugula Salad , Pine Nuts, Whipped Ricotta, Dried Peaches, Ricotta Salata, Shallot Vin	13
Kale Salad , Fried Chickpeas and Shallots, Fennel, Herbs, Tahini Orange Dressing	11
Brussels Sprouts , Miso Butter, Everything Spiced Almonds	12
Burrata , Poached Apples, Pepita Granola, Fig, Sweet Potato, Whole Grain Bread	11
Chicken Wings , Valentina Buffalo	6 for 11 / 12 for 17

MAINS

Duck & Dumplings , Duck Confit, Ricotta Gnocchi, Mirepoix, Duck Jus, Crispy Duck Skin	21
*Milk Brined Pork Schnitzel Sandwich , Pickled Beet Mayo, Caraway Slaw, Sesame Bun	16
*Burger , Giardiniera Mayo, Aged Cheddar, Onions, B&B Pickle, Brioche Bun	17
FR Reuben , House made Corned Beef, Sauerkraut, Swiss Cheese	16
Fried Chicken Sandwich , Special Sauce, Fried Onions, B&B pickle, Sesame Bun	16
Spicy Fried Chicken Sandwich , Hot Chicken, Spicy Mayo, Jalapeno Jam, Fermented Cabbage	16
Roasted Carrots , Sunflower Seed Butter, Pickled Beet, Cotija Cheese	14
Ora King Salmon , Sourdough, Cauliflower, Mustard	25
Pappardelle Pasta , Mushroom Ragu, Gremolata, Whipped Mascarpone, Crispy Mushrooms	18
Short Rib , Aligot Potato, Hon-Shimeji Mushrooms, Potato Straws, Sweetie Drops	24

DESSERT

Oatmeal Pie , Toasted Marshmallow, Royal Icing, Winter Spices	8
Grapefruit Sorbet , Malort Meringue, Mint Syrup	6
Chocolate Beer Cake , Porter, Coffee, Hazelnut Praline	9

20% Gratuity may be added to parties of 6 or more.

Please notify your server of any food allergies or sensitivities.

*These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs may increase your risk of foodborne illness

4pk cans, pub-only beer, t-shirts, and gift certificates available @forbiddenroot on ALL SOCIAL MEDIA!

Executive Chef Peter Beatty

Sous Chef Jose Reyes

FORBIDDEN ROOT

Passion rooted in flavor

EST. 2016

BOTANIC-INSPIRED BREWS. ELEVATED CUISINE

CHICAGO, IL

DRAFT BEER

- #1 Strawberry Basil Hefeweizen** Available in 4-packs to go
Hefeweizen | 5% - 12oz/6.50 - 5oz/3
A German style Wheat Ale Brewed with wild strawberries and fresh basil.
- #2 Long Time Listener** Available in 4-packs to go
Sour Ale | 5.5% - 12oz/7 - 5oz/4
A Briskly tart Sour Ale with Blueberry and Lemon.
- #3 Very Cranberry** Available in 4-packs to go
Belgian-Style Blonde Ale | 6.2% - 12oz/7 - 5oz/4
Slightly tart Belgian-Style Blonde Ale with Cranberry
- #4 Bonus Points**
Belgian Golden Ale | 5.5% - 16oz/7 - 5oz/3
A Belgian golden ale with Mosaic hops. Fruity, slightly crisp, and refreshing.
- #5 Sparkling Rosé Ale** Available in 4-packs to go
Biere Brut | 10% - 8oz/6 - 5oz/3
Brewed with Niagra Grapes, this beer drinks like a rose champagne.
- #6 Tiger Pajamas** Available in 4-packs to go
IPA | 6.5% - 12oz/7.50 - 5oz/4
Thiolized IPA with Passionfruit and Oak. Tiger Pajamas is a crisp and fruity IPA Dry hopped with Waimea, Strata, and Kohatu. Made in collaboration with Bhramari Brewing Co.
- #7 Peach Wit**
Wheat Beer | 5.1% - 12oz/7 - 5oz/4
A Belgian style wheat beer brewed with peaches and a selection botanicals to enhance the peach aroma and flavor.
- #8 Monkey Socks**
Fruited Wild Ale | 6% - 10oz/7 - 5oz/4
Brettanomyces primary fermentation in our oak foeder. Finished on locally sourced Frostbite Apples. Slightly funky, yet very dry. Malty aroma with just a little bit of tannic tartness from both the oak and the apples.
- #9 Destination Wedding**
Philly Sour | 5.3% - 12oz/7 - 5oz/4
Slightly tart and packed with Guava, a great easy drinking Summer fruit beer.
- #10 Radio Swan** Available in 4-packs to go
Rye NEIPA | 6.4% - 12oz/7.50 - 5oz/4
A Rye NEIPA with Lactose. Starts out sweet & juicy but finishes dry with an echo of Rye complexity.
- #11 Abbreviated Daylight** Available in 4-packs to go
Fruited Wheat Ale | 4.6% - 12oz/7 - 5oz/4
Mango, Soursop and Pineapple in a pleasantly tart wheat ale.
- #12 Beet Box**
Spelt Saison | 4.6% - 12oz/7 - 5oz/4
A basic, table strength Spelt Saison brewed with Beets, making this a refreshing twist on a classic style of beer.
- #13 Snoochie Boochies** Available in 4-packs to go
DIPA | 8% - 12oz/7.50 - 5oz/4
Hazy and juicy with intense aromas of Sweet Orange, not unlike a Creamsicle. Creamy mouthfeel with a touch of sweetness that is in lock-step with the hop bitterness.
- #14 Panda Party** ❤️
Black Lager | 5.5% - 16oz/6.50 - 5oz/3
Oaked black lager w/ toasted oak & vanilla. One of our cold weather favorites!
- #15 Double Single** Available in 4-packs to go
S.M.A.S.H Pale Ale | 6.2% - 16oz/6.50 - 5oz/3
Super crisp Single Malt and Single Hop Pale Ale. Just the right amount of hops to make you crave another 1 or 3.
- #16 Guest Draft – Ask your server!**

What's A Love Handle? ❤️

Look out for one of these Hearts up on our draft board during the Month of January. At both of our locations, Cultivate and West Town, there will be one draft beer with a heart placed on its beer board. For every pint sold of each specific beer, we will donate \$1 to The Anti-Cruelty Society, which is a comprehensive animal welfare organization whose mission is to build a community of caring by helping pets and educating people.

CANNED BEER



- Bicycle Fire**
Fruited Kveik | 6% - 12oz/7
Fruited Kveik Ale with Fire Roasted Grapefruit and White Pepper.
- Pilsner Time**
Oak Lagered Pilsner | 5.4% - 16oz/7.50
We love a traditional German Pilsner. Not strictly traditional, ours was lagered in oak for ten weeks, then lightly dry hopped with German Hallertau Mittelfrüh, and Grünegeist to brighten up the aroma.
- Pastri Fountain**
Imperial Stout | 10.4% - 16oz/9.50
A collab with Maplewood Brewery. Imperial Stout w/ Coffee, Vanilla and Chocolate.
- Well Positioned**
Oak Fermented Saison | 6.9% - 16oz/7.50
***Silver Medal FOBAB 2022 ***
Bright citrus & clove aromas combine with delicate fruit & spice character from both the classic Belgian yeast & the American White Oak fermentation. Made w/ our friends at Derive to celebrate our common love for the classic Saison.
- Ohio High**
Hazy Pale Ale | 5.7% - 16oz/7.50
Super crushable Pale Ale made with Ohio-grown hops, malt, and grain.

THE FR FLIGHT

| \$14 |

Enjoy your very own guided tour of Forbidden Root's Current favorites!

Peach Wit | Panda Party |
Tiger Pajamas | Sparkling Rosé Ale |
Long Time Listener

WINE 14 glass/54 bottle

Sparkling

Los Monteros, **Cava**, Penedes SP
Meinklang, **Rose Prosa**, Weinland, AU

Rose/Orange

Sokol Blosser **Pinot Noir**, Dundee Hills, OR
Rogue Wine "Jamon Jamon", **Moscato**, Itata, CH

White

Alpha Estate **Sauvignon Blanc**, Florina, GR
House of Brown, **Chardonnay**, Lodi, CA
Brooks, **Riesling**, Willamette, OR
Domaine Des Ratelles, **Muscadet**, Loire Valley FR

Red

Chateau St. Andre, **Bordeaux Blend**, St. Emilion, FR
Angeline, **Pinot Noir**, CA
Bodegas y Vinedos, **Tempranillo**, Ribera Del Duero, SP
Grapesmith & Crusher **Cab Sauv**, Columbia Valley, WA
La Manarine, **GSM**, Cotes-Du-Rhone, FR

CIDERS & HARD SELTZERS 8 each

Stem Ciders – Denver, CO

Chili Guava

Citizen Cider – Burlington, VT

Unified Press - Dry Cider
Dirty Mayor - Ginger-Infused
Wit's Up - Wit-Style Cider

Untitled Art Seltzer - Waunakee, WI

Blackberry Agave
Pineapple Mango
Blueberry

F.R. Cocktails 14 each

Forbidden Old Fashioned

Koval FR Rye, Maple, Bolivar & Ango Bitters, Quari Ice Cube

Bramble Sovereign

Koval FR Bourbon, Meletti 1870, Blackberry, Lemon

Yo-Ho-Ho

Plantation 3-Star Rum, Koval Cranberry Gin, Mint, Lime Juice, Topped with **FR Very Cranberry**

Cosmocharlatan

Koval Cranberry Gin, St. Agrestis Aperitivo, Génépy des Alpes, Lime, Honey, Topped with **FR IPA**

Prickly Piñero

Thai Chili Infused-Campo Azul Blanco Tequila, El Silencio Mezcal, Don Ciccio Fico d'India Prickly Pear, XTA Mayan Honey Liqueur, Lemon, Ginger

Uva

Koval FR Barrel Aged Gin, Jules Theuriet Pamplemousse Liqueur, Fernet Branca, Lemon, Honey

Live, Laugh, Love!!!!

Playpen Vodka, Mr. Black Cold Brew Coffee Liqueur, Tentura Cinnamon Liqueur, Honey, Egg white, Tobacco Bitters *does not contain tobacco or nicotine*

F.R. Lost Botanicals Series

FR Gin & Tonic – 14

Koval Barrel Aged Gin Forbidden Root Single Barrel Selection, Randy Mosher's House made Tonic Syrup, Lime Bitters

FR Vermouth – 8

Randy Mosher made a classic Vermouth from his experiences in Barcelona. Served over ice with an Orange.

Try it in a classic Negroni +6

F.R. House Shots 6 each (1oz Pour)

Cinn-Oak: Old Forester 100, Tentura Cinnamon Liqueur

The Closer: Fernet-Branca, New Deal Coffee Liqueur, Orange Oil, Orange Bitters

Breakfast of Champions: Old Forester 100, Maple Syrup, New Deal Coffee Liqueur

Ants on a Log: Skrewball Peanut Butter Whiskey, El Candado Pedro Ximenez Sherry, Celery Bitters

Smoke and Flame: El Silencio Mezcal, House Made Chili Liqueur, Lime and Orange Bitters

SPIRITS

Bourbon

Watershed/Forbidden Root Single Barrel 7/13
Cody Road/Forbidden Root Single Barrel 7/13
Watershed/Forbidden Root Single Barrel Bottled-in-Bond 9/15
Koval/Forbidden Root Single Barrel 7/13
Bull Run 13yr Pinot Noir Barrel Aged 8/14
Watershed 4yr 7/13
Redwood Empire Pipe Dream 7/13
Devil's River Barrel Strength 117 proof 7/13
Rowan's Creek 7/13
Fistful of Bourbon 7/13
Old Bardstown Estate Bottled 101 7/13
Old Forester 100 proof 7/13
Breaker Bourbon 8/14
Watershed Bottled in Bond 8/14
Willett Pot Still 8/14
Ol' Major Bacon Bourbon 7/13
Noah's Mill Bourbon 7/13
Four Roses Small Batch 7/13
Barrell Armida 8/15
Jeppson's Bourbon 7/13

Rye

Roulette Rye 7/13
Dad's Hat Vermouth Barrel 7/13
Sazerac Rye 7/13
Savage and Cook Lip Service 7/13
Redwood Empire Emerald Giant 7/13
Cardinal Rye 7/13
Koval/Forbidden Root Single Barrel 7/13

American Whiskey

Dickel No. 8 Tennessee Sour Mash 5/10
Redneck Riviera 6/11
Boondocks Cask Strength 7/13
Boondocks American Whiskey 7/13
Skrewball Peanut Butter Whiskey 6/11
Savage and Cooke Second Glance 6/11
Redwood Empire Lost Monarch 7/13
Corsair Oatrage 7/13

World Whiskey

Pig's Nose 6/11
Jura 10yr 7/13
Caol Ila 12yr 8/14
Hatozaki's Finest Whisky 7/13
Hatozaki's Small Batch 8/14
Fuyu Mizunara Cask 7/13
Monkey Shoulder 6/11
Redbreast 12yr 7/13
Samuel Gelston's Blended 7/13
Waterford Dunmore 8/15

Brandy

Rhine Hall Oak-Aged Apple Brandy 6/11
Copper & Kings Bourbon Barrel- Aged Brandy 6/11
Marie Duffau Napoleon Bas Armagnac 6/11
Pierre Ferrand 1840 Cognac 7/13

Rum

Plantation Pineapple 7/13
Plantation Barbados 5yr 7/13
Ron Centenario "Fundacion" Solera 20yr 6/11
Ron Diplomatico 12 yr 8/14
El Dorado "Superior" Dark 6/12
Smith and Cross Jamaican Rum 7/13

Agave

Mi Casa Reposado 8/14
Mi Casa Anejo 9/15
Fortaleza Blanco 12/18
Fortaleza Reposado 13/19
Fortaleza Anejo 15/21
Confianza Reposado 7/13
Mayalen Machetazo Mezzal 7/13

Gin / Genever / Aquavit

Watershed/FR Bourbon Barrel-Aged 4 peel 8/14
Skeptic Gin 7/13
Skeptic Gin-quila Reposado Barrel-Aged 7/13
Hendrick's Orbium 7/13
Hendrick's Midsummer Solstice 7/13
28 Mile London Dry 7/13
Watershed Guild Gin 7/13
Koval Cranberry Gin 6/11
Greenhook American Dry Gin 6/11
Greenhook Old Tom Gin 7/13
Koval BBA FR Single Barrel Gin 7/13
Boulder New Western Gin 6/11
Benham Sonoma Dry 7/13
Linie Aquavit 6/11

Vodka

28 Mile 7/13
Elevate 7/13
Playpen 7/13
CH Distillery 7/13
Cardinal Pride 7/13

Amari & Cordials

Fernet Branca 6/11
Meletti Fernet 6/11
Amaro Cinpatrazzo 6/11
Don Ciccio Rabarbaro 5/10
Ramazzotti 5/10
Jeppsons Malort 5/10
Amaro Dell Etna 6/12
Amaro Nonino 5/10
Cardamaro 6/12
Kübler Absinthe 7/13
La Muse Verte Absinthe 5/10
Génépy des Alpes 6/11
Liqueur de Sapin 6/12
Green Chartreuse 7/13
Yellow Chartreuse 7/13
Amaro Montenegro 5/10
Watershed Nocino 7/13

Shot/2oz

Forbidden Root Single Barrels
7(shot) 13(2oz)



These single barrels are hand selected by the Forbidden Root team with our friends at local distilleries.

Watershed Bourbon
Koval Single Barrel Rye
Koval BBA FR Single Barrel Gin
Koval Single Barrel Bourbon

N/A Beverages

Daydream Coffee-French Press- 5

Daydream Hot Tea- 4

Green Gold, Vanilla Earl Grey, Chai, or Mango Passion

Daydream Cold Brewed Iced Tea- 3.50

Sunset Soda- 5 - Horchata Root Beer or Citrus Hibiscus