



BAR SNACKS

Cream of Mushroom Popcorn	4
Housemade Ranch Chips , Sour Cream French Onion Dip	5
BBQ Roasted Cashews , Puffed Wild Rice, Mango	6
Carne Seca , Chipotle, Lime, Ancho Chile	9
Cheese and Crackers , Aged Cheddar, Saison Ale, Ritz Sleeve	9

CHEESES

Cheese Plate, Seasonal Chef's Accompaniments **1 for 8 / 3 for 21/ 6 for 38**

~ Vermont Herdsman , Raw Cow - Vermont	~ Mitica Sardo , Pasteurized Sheep Milk - Italy
~ Mad River Blue , Pasteurized Cow - Vermont	~ Mt. Alice Brie , Pasteurized Cow Milk - Vermont
~ Treeline Pasteurized Cow Milk - Wisconsin	~ Baldauf Spice Witch Pasteurized Cow Milk - Germany

SMALL PLATES

Asparagus Soup , Coconut Cream, Pickled Ramps, Fried Asparagus	9
Bitter Green Salad , Rye, Grapefruit, Hazelnut, Lemon Vinaigrette	11
Arugula Salad , Pine Nuts, Whipped Ricotta, Dried Peaches, Ricotta Salata, Shallot Vin	13
Kale Salad , Fried Chickpeas and Shallots, Fennel, Herbs, Tahini Orange Dressing	11
Brussels Sprouts , Miso Butter, Everything Spiced Almonds	11
Burrata , English Pea Puree, Marinated Cherry Tomatoes, Focaccia	11
Chicken Wings , Spicy Honey Sauce	6 for 11 / 12 for 17

MAINS

Duck & Dumplings , Duck Confit, Ricotta Gnocchi, Mirepoix, Duck Jus, Crispy Duck Skin	20
* Milk Brined Pork Schnitzel Sandwich , Pickled Beet Mayo, Caraway Slaw, Sesame Bun	16
* Burger , Giardiniera Mayo, Aged Cheddar, Onions, B&B Pickle, Brioche Bun	16
FR Reuben , House made Corned Beef, Sauerkraut, Swiss Cheese	16
Fried Chicken Sandwich , Special Sauce, Fried Onions, B&B pickle, Sesame Bun	16
Spicy Fried Chicken Sandwich , Hot Chicken, Spicy Mayo, Jalapeno Jam, Fermented Cabbage	16
Roasted Carrots , Sunflower Seed Butter, Pickled Beet, Cotija Cheese	14
Ora King Salmon , Sourdough, Cauliflower, Mustard	25
Pappardelle Pasta , Mushroom Ragu, Gremolata, Whipped Mascarpone, Crispy Mushrooms	18

DESSERT

Buttermilk Pie , Whipped Cream, Candied Lemon, Burnt Honey	7
Orange Sorbet , Chocolate Magic Shell, Puffed Millet Granola, Freeze Dried Strawberries	6

20% Gratuity may be added to parties of 6 or more.

Please notify your server of any food allergies or sensitivities.

*These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs may increase your risk of foodborne illness.

4pk cans, pub-only beer, t-shirts, and gift certificates available **@forbiddenroot on ALL SOCIAL MEDIA!**

Executive Chef Peter Beatty

Sous Chef Jose Reyes

FORBIDDEN ROOT

Passion rooted in flavor

EST. 2016

BOTANIC-INSPIRED BREWS. ELEVATED CUISINE

CHICAGO, IL

DRAFT BEER

#1 Tableau

Foedered Table Beer | 4.3% - **12oz/6 - 5oz/3**

Our First beer fermented in our own Oak Foeder. This mixed culture Euro-Style beer is mildly tart.

#2 Double Single Available in 4-packs to go Love Handle

S.M.A.S.H Pale Ale | 6.2% - **16oz/6.5 - 5oz/3**

Super crisp Single Malt and Single Hop Pale Ale. Just the right amount of hops to make you crave another 1 or 3.

#3 Mainstream Exotic

Kettle Soured Ale | 4.5% - **12oz/7 - 5oz /4**

A delightfully Sour, Bright, and Refreshing Ale. Mainstream Exotic combines a tart low alcohol base beer with Feijoa, a South American fruit with notes of Mint, Apple, and Pineapple.

#4 Assembly Required

Sour IPA | 7.5% - **12oz/7.50- 5oz/4**

Raspberry Cream Edition! We added Raspberry, Vanilla and Lactose.

#5 7-10 Split

Strong Fruited Ale | 7.8% - **12oz/7.50 - 5oz /4**

This fruited ale with raspberry and lemon is the big cousin to our League Night. Same DNA but higher ABV and a boatload of refreshing, tart fruit.

#6 Breadbasket

Ukrainian Golden Ale | 7.2% - **16oz/7 - 5oz /4**

A collaboration with Vavar Brew, Kyiv, Ukraine It's pleasantly bready and nicely balanced, dry-hopped with Czech Saaz and Slovenian Celeia, with complex citrus and floral notes from Vietnamese coriander seeds.

#7 Strawberry Basil Hefeweizen Available in 4-packs to go

Hefeweizen | 5% - **12oz/6.50 - 5oz/3**

A German style Wheat Ale Brewed with wild strawberries and fresh basil.

#8 Backup Plan

Kveik Farmhouse w/ Malted Oats | 4.9% - **12oz/6.50 - 5oz /3**

A unique spin on a Kveik farmhouse ale. Oats build a more significant body to allow the tropical bouquet of El Dorado hops to shine.

#9 Radio Revival Available in 4-packs to go

DDH Rye Triple NEIPA | 10% - **8oz/7.50- 5oz/4**

A collab with our friends at Riverlands Brewing. This is an elaboration of our Radio Swan Rye IPA. We DDH'd it with Citra Cryo, Mosaic, and El Dorado.

#10 Forever Ago

Spelt Saison | 6.8% - **12oz/7 - 5oz /4**

Classic Saison, just in time for spring. Nelson Sauvin lends distinct wine grape and passion fruit notes, to an otherwise timeless Saison.

#11 Blood Orange Forever Ago

Spelt Saison | 6.8% - **12oz/7 - 5oz /4**

A spin on our Spelt Saison Forever Ago! Fruited with Blood Orange, it provides a tart twist on a classic Saison.

#12 Rosie Cheeks

Hefeweizen | 5% - **12oz/6.50 - 5oz /3**

Our Signature Strawberry Basil Hefeweizen with a twist! This includes Lemon and Vanilla, making the perfect sweet/tart balance.

#13 Free Town 2.0

Euro Lager | 5.8% - **16oz/6- 5oz/3**

This next lager is using the same Danish Lager Yeast but with the malts typically used in German Helles.

#14, #15, and #16 Guest Drafts! Ask your Server!

What's A Love Handle?

Look out for one of these Hearts up on our draft board during the Month of May. At both of our locations, Cultivate and West Town, there will be one draft beer with a heart placed on its beer board. For every pint sold of each specific beer, we will donate \$1 to Sarah's Circle. This foundation helps homeless women in Chicago with housing and supportive services. Help us help others by enjoying an ice cold, refreshing brew!

CANNED BEER



Options Have Changed

Porter | 6.8% - **16oz/7.50**

Porter with Madagascar Vanilla, Peruvian Cocoa Nibs, and Peruvian Dark Roast Coffee Beans.

Hoodie Weather

Oaked Vienna Lager | 5.5% - **12oz/5**

Is it still not summer yet?! We've got our flannels and beanies on and we are crushing this crispy, malty, bready, lager. Dry, with a kiss of caramel Sweetness.

Cosmic Trust Fall

DIPA | 9% - **16oz/8.50**

Double Dry-Hopped with some of favorite hops: Mosaic, Simcoe, Citra and Barbe Rouge

Canned beer also available in 4 packs to-go!

THE FR FLIGHT

| \$13 |

Enjoy your very own guided tour of Forbidden Root's Current favorites!

**Mainstream Exotic | Backup Plan |
Double Single | Forever Ago |
Assembly Required**

WINE *13 glass/52 bottle*

Sparkling

JCB No. 21 **Brut Cremant**, Burgundy FR

Juve & Camps **Rose Cava**, Catalonia, SP

Rose

Couly-Dutheil "René Couly" **Cabernet Franc**, Chinon, FR

Minuty **Grenache Rose**, Cotes De Provence, FR

White

Kenefick Ranch **Grenache Blanc Blend**, Calistoga, CA

Alpha Estate **Sauvignon Blanc**, Florina, GR

Matthew Fritz, **Chardonnay**, North Coast, CA

Villa Sparina DOCG, **Cortese**, Gavi, IT

Red

Cline Ancient Vines, **Mourvèdre**, Contra Costa, CA

Jean-Claude Boisset, **Pinot Noir**, Burgundy, FR

El Coto de Imaz, **Tempranillo**, Rioja, SP

Buck Shack **Cabernet Sauvignon**, Lake County, CA

CIDERS & HARD SELTZERS

Stem Ciders - Denver, CO - 7

Chile Guava

Uncle John's Ciders - St. John, MI - 8

Apple

Pear

Plum

Untitled Art Seltzer - Waunakee, WI - 7

Blackberry Agave

Naval Orange Yuzu

Pineapple Mango

Blueberry

Blood Orange Pomegranate

Head Brewer: Nick Williams/ Brewer: Phil Zelewsky

F.R. COCKTAILS 14 each

Forbidden Old Fashioned

Koval FR Single Barrel Rye, Maple, Bolivar, & Angostura Bitters,
Quari Ice Cube

Sakuraku

Fuyu Blended Japanese Whisky, Don Ciccio Cerasum Cherry Blossom
Liqueur, Pierre Ferrand 1840 Cognac, Select Appertivo, Orange
Saffron Bitters

¾ Thyme

28 Mile Dry Gin, Thyme Infused Curacao, Sweet Vermouth

Cosmocharlatan

Koval Cranberry Gin, Campari, G n p y des Alpes, Lime, Honey,
Topped with FR Radio Revival

Prickly Pi ero

Thai Chili Infused-Campo Azul Blanco Tequila, El Silencio Mezcal, Don
Ciccio Fico d'India Prickly Pear, XTA Mayan Honey Liqueur, Lemon,
Ginger

Uva

Koval FR Barrel Aged Gin Pamplemousse Rose, Fernet-Branca,
Lemon, Honey

Little Bunny Fufu

Strawberry Infused By the Dutch Genever, Matcha, Mozart White
Chocolate Liqueur, Egg White

Strawberry Basil Margarita

Tequila Dahlia, Lime, Curacao, Topped with FR Strawberry Basil
Hefeweizen

Paint My Mind Blood Orange (Non-Alcoholic) - 7

Seedlip Grove 42, Blood Orange, Allspice, Lime

F.R. LOST BOTANICAL SERIES

FR Gin & Tonic – 14

Koval Barrel Aged Gin Forbidden Root Single Barrel Selection,
Randy Mosher's House made Tonic Syrup, Lime Bitters

FR Vermouth – 8

Randy Mosher made a classic Vermouth from his experiences in
Barcelona. Served over ice with an Orange.

Try it in a classic Negroni +6

F.R. HOUSE SHOTS 6 each (1oz Pour)

Cinn-Oak: Old Forester 100, Tentura Cinnamon Liqueur

The Closer: Fernet-Branca, New Deal Coffee Liqueur, Orange Oil,
Orange Bitters

Breakfast of Champions: Old Forester 100, Maple Syrup, New Deal
Coffee Liqueur

The Fragale: Skrewball Peanut Butter Whiskey, PBR Whiskey, Mole
Bitters

Smoke and Flame: El Silencio Mezcal, House Made Chili Liqueur, Lime
and Orange Bitters



Forbidden Root Single Barrels 7(shot) 13(2oz)

These single barrels are hand selected by the Forbidden Root team
with our friends at local distilleries.

Watershed Bourbon
Koval Single Barrel Rye
Koval BBA FR Single Barrel Gin
Koval Single Barrel Bourbon
Cody Road Single Barrel Bourbon

SPIRITS

	Shot/2oz
Bourbon	
Watershed/Forbidden Root Single Barrel	7/13
Russell's Reserve 10yr	7/13
Watershed 4yr	7/13
Redwood Empire Pipe Dream	7/13
Devil's River Barrel Strength 117 proof	7/13
Rowan's Creek	7/13
Fistful of Bourbon	7/13
Old Bardstown Estate Bottled 101	7/13
Old Forester 100 proof	7/13
Old Forester Birthday Bourbon	-/35
Breaker Bourbon	7/13
Watershed Bottled in Bond	8/14
Willett Pot Still	8/14
Ol' Major Bacon Bourbon	7/13
Noah's Mill Bourbon	7/13
Four Roses Small Batch	8/14
Barrell Armida	
Rye	
Roulette Rye	5/10
Dad's Hat Vermouth Barrel	6/11
Sazerac Rye	6/11
Savage and Cook Lip Service	7/13
Redwood Empire Emerald Giant	7/13
Koval FR Barrel Peach Brandy Cask	7/13
American Whiskey	
Dickel No. 8 Tennessee Sour Mash	5/10
Redneck Riviera	6/11
Boondocks Cask Strength	7/13
Boondocks American Whiskey	7/13
Skrewball Peanut Butter Whiskey	6/11
Savage and Cooke Second Glance	6/11
PBR Whiskey	5/10
Redwood Empire Lost Monarch	7/13
Corsair Oatrage	7/13
Malt Whiskey	
Pig's Nose	6/11
Jura 10yr (Island Single Malt)	7/13
Caol Ila 12yr (Islay Single Malt)	8/14
Hatozaki Whisky (Japanese Malt Whisky)	7/13
Monkey Shoulder Blended Malt Scotch Whisky	7/13
New Holland Zeppelin Bend	7/13
Irish Whiskey	
West Cork Blended Bourbon Cask	6/11
West Cork 8yr Small Batch	6/11
Redbreast 12yr Single Pot Still	7/13
Tullamore Dew Triple Distilled	6/11
Tullamore Dew XO Rum Cask Finish	7/13
Brandy	
Rhine Hall Oak Aged Apple Brandy	6/11
Copper & Kings (bourbon barrel) Brandy	6/12
Marie Duffau Napoleon Bas Armagnac	6/11
Pierre Ferrand 1840 Cognac	7/13
Rum	
Plantation Pineapple	7/13
Plantation Barbados 5yr	7/13
Ron Centenario "Fundacion" Solera 20yr	6/11
Ron Diplomatico 12 yr	8/14
El Dorado "Superior" Dark	6/12
Smith and Cross Jamaican Rum	7/13
Agave	
Frida Kahlo Anejo	7/13
ArteNOM Seleccion 1146 Anejo	7/13
Confianza Reposado	7/13
Mayalen Machetazo Mezcal	7/13
Gin / Genever / Aquavit	
Hendrick's Orbium	7/13
Hendrick's Midsummer Solstice	7/13
28 Mile London Dry	7/13
Watershed Guild Gin	7/13
Koval Cranberry Gin	7/13
Greenhook American Dry Gin	6/11
Greenhook Old Tom Gin	6/11
Koval BBA FR Single Barrel Gin	7/13
Boulder New Western Gin	6/11
Benham Sonoma Dry	7/13
By the Dutch Old Genever	6/11
Amethyst Lavender Gin	7/13
Linie Aquavit	6/11
Vodka	
Khor	6/11
Koval Rye Vodka	7/13
28 Mile	7/13
Elevate	7/13
Amari & Cordials	
Fernet Branca	6/11
Meletti Fernet	6/11
Amaro Cinpatrazzo	6/11
Don Ciccio Rabarbaro	6/11
Ramazzotti	5/10
Jeppsons Malort	5/10
Amaro Dell Etna	5/10
Amaro Nonino	6/12
Campari	5/10
Cardamaro	5/10
K�bler Absinthe	5/10
La Muse Verte Absinthe	6/12
G�n�p�y des Alpes	7/13
Liqueur de Sapin	5/10
Yellow Chartreuse	6/11
Green Chartreuse	6/12
Amaro Montenegro	6/12
Select Pilla Apertif	5/10
Watershed Nocino	6/11
	7/13